

健康快、速、查 Health Check Express (TCC05)

\$1,680 (Items A-E)

適合人士：欲知自己有否三高及心臟血管問題，特別適合打新冠疫苗前作為健康評估

Suitable for those would like to know more about own cardiovascular risk before COVID 19 vaccination



特點：檢查時間一個鐘頭之內完成，7 個工作天後有報告

Assessment completed in 1 hour and report available after 7 working days

凡參與計劃送速效舒敏保濕乳液一支，適合濕疹、敏感及痕癢肌膚

Get Suu Balm Pro 3% in free of charge, suitable for eczema, allergic and itchy skin

A. 服務項目 Service Items

- 血壓、身高、體重
Blood Pressure, Body Height and Weight
- 醫生病歷諮詢及解釋檢查報告
Medical History & Report Explanation by Doctors



B. 血液化驗 Blood Test

- 空腹血糖 Fasting glucose + 尿酸 Uric acid
- 總膽固醇 + 高/低密度膽固醇 + 三酸甘油酯 Full Lipid Profile
- 全血數計 (包括紅、白血球、血小板等) Complete Blood Picture (20 items)
- 肝功能 Liver function test (8 items)
- 腎功能 Renal function



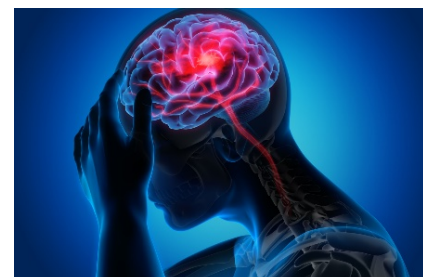
C. 靜臥心電圖 Rest ECG

D. 超聲波頸動脈內膜中層厚度檢查

Ultrasound Carotid Artery Intima Media Thickness Measurement

E. 心血管疾病風險計算

10 years Cardiovascular Risk Assessment



+ \$6,200 冠狀動脈造影及鈣化評分
CT Coronary Angiogram & Calcium Score

價格如有更改，恕不另行通知 The price is subject to change without prior notice

Effective on 1/8/2021 to 31/10/2021

你知道嗎？

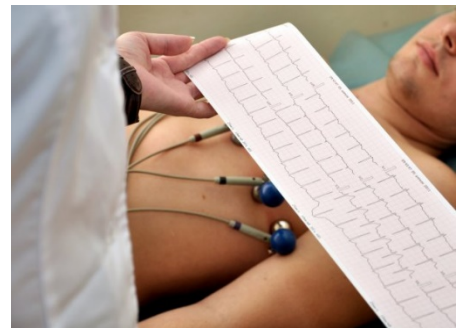
根據衛生防護中心數字，心臟病及中風是 2019 年第三及第四位死亡原因。2019 年就有接近 9,000 人死於這兩種疾病！預防勝於治療，如果早點發現自己有心臟及中風風險，預早用藥物控制可大大減少病發。

According to figures from the Centre for Health Protection, heart disease and stroke are the third and fourth causes of death in 2019. Nearly 9,000 people died from these two diseases in 2019 ! Prevention is better than cure. If you discover that you are at risk of heart and stroke early, early treatment can greatly reduce the incidence.

靜臥心電圖 Rest ECG

靜態心電圖是記錄心臟的節律及心電活動，透過這項檢測可了解心臟的基本健康狀況。

Resting ECG is used to **record the rhythm and electrical activity of the heart**, from which we can learn the basic situations of our heart.



超聲波頸動脈內膜中層厚度檢查

Ultrasound Carotid Artery Intima Media Thickness Measurement

動脈粥狀硬化的主要成因包有高血壓、糖尿病、高膽固醇、吸煙、年長及早發性動脈硬化疾病的家族史。動脈壁主要由內膜、中膜及外膜等三層所構成。動脈粥狀硬化起始於一連串的病變導致血管內膜增厚，超聲波頸動脈內膜中層厚度檢測是**無創**評估動脈硬化的主要方法。

The main causes of atherosclerosis include hypertension, diabetes, hyperlipidemia, smoking and old age. The arterial wall consists of intima, media and adventitia.

Early atherosclerosis manifests by the thickening of intima which can be quantified by ultrasound. It is a **non-invasive method** to evaluate the development of early atherosclerosis.

